

**77th Annual Coaching School**  
**REVISED SCHEDULE 6/12/09**

**July 19-22, 2009**

**All Lectures at Austin Convention Center unless otherwise stated**

**SUNDAY, JULY 19, 2009**

- 7:30-Noon Board of Directors Mtg - ACC Rm 10  
Noon Press dine with BB All Stars @ University of Texas  
1:00-4:00p THSCA Press Room - Hilton Hotel Rm 410  
1:00-4:00p Professional Development Workshop - Hilton Hotel – Salon F - **Ralph Curtis, David Schmidt, Paul Saenz, Richard Steffen, Eliot Young** – *Symposium on Sports Medicine for Coaches 2009*  
1:30-4:30p Packet Pickup for Pre-Registered & Coaches/Registration - ACC – Exhibit Hall 1  
2:00-4:30p THSCA Job Placement - ACC – Exhibit Hall 1 (*Sponsored by MGP Fundraisers*)  
5:00-6:15p NCAA Div I Panel Discussion - Hilton Hotel - Salon H - Emcee- Craig Way  
6:30-8:30p THSADA Hall of Honor Recp. - Hyatt Regency Hotel

**MONDAY, JULY 20, 2009**

- 8:00am Golf Coaches Reg and Tournament - Falconhead Country Club  
8:00a-4:00p Exhibits Open - ACC Exhibit Hall 2-4  
8:00a-4:00p THSCA Job Placement - ACC Exhibit Hall 1 (*Sponsored by MGP Fundraisers*)  
8:30a-4:30p Registraton & Packet Pick-Up - ACC Exhibit Hall 1 (*Sponsored by Digital Sports Video*)  
9:00am THSADA Business Mtg - ACC Rm 17 - Meeting  
9am-10am Football Lecture - ACC Exhibit Hall 5 - **Mack Brown**, University of Texas – *How We Win at Texas (Sponsored by Nike)*  
9am-10am Basketball Lecture - ACC Ballroom D – **Rick Barnes**, University of Texas - *Texas Basketball (Sponsored by Nike)*  
9am-10am Track Lecture - ACC Ballroom G - **Wes Kittley**, Texas Tech University – *Coaching the 800 Meter Runner*  
9am-10am Wrestling coaches meet w/ UIL - ACC Rm 11-A - UIL Staff  
9am-10am Professional Development Lecture - ACC Rm 18 – **Dr. Paul Saenz** – *Concussions: Current Concepts*  
10am-11pm THSCA Press Room - Hilton Hotel - Rm 410  
10am-11pm Football Lecture - ACC Exhibit Hall 5 - **Mack Brown**, University of Texas – *Practice Organization (Sponsored by Nike)*  
10am-11am Basketball Lecture - ACC Ballroom D – **Rick Barnes**, University of Texas - *Texas Basketball (Sponsored by Nike)*  
10am-11am Track Adv Comm meet w/ UIL - ACC Rm 11-A - UIL Staff  
10am-11:00 Soccer Lecture - ACC Rm 19 - **Gilbert Villarreal**, SA Reagan HS – *Fielding a Competitive Team Every Season*  
10am-11:00 Volleyball Lecture - ACC Rm 16 - **Stacy Wolf**, Windthorst HS - *The ABC's and 123's of Windthorst Volleyball*  
10:00-11:00 Professional Development Lecture - ACC Rm 18 – **Dr. David Schmidt** – *ACL Injuries: Focus on Prevention*  
11:00-Noon THSCA Website Workshop - ACC Rm 12 - **Rayan Rutledge** - *Make the Website Work for You*  
11:00-Noon TRS Retirement Programs - ACC Rm 17 - **Jo Ann Holshouser**, Teacher Retirement System

- 11:00-Noon Football Lecture - ACC Exhibit Hall 5 - **Art Briles**, Baylor University - *Expect Success/Quarterback Skills*
- 11:00-Noon Basketball Lecture - ACC Ballroom D - **Pete Peterson**, Texas A&M-Kingsville – *Game Preparation –Javelina Defense - Situations*
- 11:00-Noon FB Adv. Comm Mtg w/UII - ACC Rm 11-A - UII Staff
- 11:00-Noon Track Lecture - ACC Ballroom G - **Wes Kittley**, Texas Tech Univ – *Fitting Weight Training with Running Workouts*
- 11:00-Noon Professional Development Lecture - ACC Rm 18 – **Dr. Paul Saenz** – *The Staph Epidemic*
- 12:00-1pm Press Dine with FB All Stars - University of Texas
- 12:00-1pm Football Lecture - ACC Exhibit Hall 5 - **Tom Westerberg**, Allen HS – *Allen Eagle Off-Season*
- 12:00-1pm Basketball Lecture - ACC Ballroom D - **Brad Chasteen**, Coppell HS – *A One Day Plan: Making Each Workout Special*
- 12:00-1pm Basketball Adv Committee Mtg - ACC Rm 11-A - UII Staff
- 12:00-1pm Professional Development Lecture - ACC Rm 18 – **Marc Powell** – *Heat Illness in Athletes*
- 12:00-1pm Texas Powerlifting Association Mtg - ACC Rm 15
- 1:00-2:00p Texas Girls Powerlifting Assn Mtg – ACC Rm 15
- 1:00-2:00p THSCA Website Workshop - ACC Rm 12 - **Rayan Rutledge** - *Make the Website Work For You*
- 1:00-2:00p Professional Development Lecture - ACC Rm 18 – **Dr. Timothy Palomera** – *Medical Issues in Young Athletes*
- 1:00-2:00p Football Lecture - ACC Exhibit Hall 5 – **David Cutcliffe**, Duke University – *Winning is an All the Time Thing*  
(Sponsored by Nike)
- 1:00-2:00p Basketball Lecture - ACC Ballroom D - **Tom Penders**, University of Houston – *Houston Basketball (Sponsored by Nike)*
- 1:00-2:00p Track Lecture - ACC Ballroom G - **Deedy Grimes**, Canyon HS - *Developing Into 4A*
- 1:00-2:00p Soccer Lecture - ACC Rm 19 - **Jimmie Lankford**, McKinney Boyd HS – *Flat Back Four (Using and Attacking)*
- 1:00-2:00p Wrestling Lecture - ACC Rm 14 – **David Quirino**, Canyon Randall HS - *Neutral-Top-Bottom Techniques – Live Wrestling*
- 2:00-3:00p Professional Development Lecture - ACC Rm 18 - **Lisa Salberg** – *Hypertrophic Cardiomyopathy Seminar*
- 2:00-3:00p Football Lecture - ACC Rm Exhibit Hall 5 – **David Cutcliffe**, Duke University – *Quarterback Play (Sponsored by Nike)*
- 2:00-3:00p Basketball Lecture - ACC Rm Ballroom D - **Tom Penders**, University of Houston *Houston Basketball (Sponsored by Nike)*
- 2:00-3:00p Soccer Lecture - ACC Rm 19 - **Dawn Crow**, Plano East HS – *Playing a 3-4-3: Pros and Cons*
- 2:00-3:00p Baseball Lecture - ACC Rm 16 - **David Powers**, Bryan HS – *Develop Speed and Have Fun Doing It*
- 2:00-3:00p Track Lecture - ACC Ballroom G - **Gary Derks**, Cinco Ranch HS – *400 Meter Training*
- 3:00-4:00p Texas Girls Powerlifting Assn Mtg - ACC Rm 15
- 3:00-5:00p UII New Rules, Policies, etc - ACC Rm Exhibit Hall 5 - UII Staff
- 3:00-6:00p State Champions BB Demos – Burger Activity Center
- 1A –I Johnny Martin, Roscoe HS – *Unique Daily Practice Drills*
- 1A – II Jay Bruce, Slocum HS – *How We Run the Set Play Offense*
- 2A - Doug Boxell, Ponder HS – *Game Situation Practice Drills*
- 3A - Damien Mobley, Dallas Madison HS – *Attacking with the Press*
- 4A - Greg Wise, Houston Yates HS – *TBA*
- 5A - Chris Dyer, DeSoto HS – *Daily Practice Drills You Can Use*
- 7:30 pm All Star Basketball Game - Frank Erwin Center

## TUESDAY, JULY 21, 2009

7:00-8:00a "Early Bird" Football Lecture – Hilton Hotel – Salon C - **Chris Soza**, Alice HS – *Misdirection & Play Action from the Slot-T*

8:00a-4:00p Exhibits Open - ACC Exhibit Hall 2-4

8:00a-4:30p THSCA Job Placement - ACC Rm Exhibit Hall 1 (*Sponsored by MGP Fundraisers*)

8:00-9:00a Golf Adv Committee Meet w/ UIL - ACC Rm 11-A - UIL Staff

8:00-9:00a Track Lecture - ACC Ballroom G - **Ray White**, Lewisville HS – Building a Championship Program

8:00-9:00a Professional Development Lecture - ACC Rm 18 - **Dr. Timothy Palomera** – *Performance Enhancing Substances in Sports*

8:00-9:00a Soccer Lecture - ACC Rm 19 - **Jimmie Lankford**, McKinney Boyd HS – *Practice: Simple to Complex*

8:00-9:00a Baseball Lecture - ACC Rm 16 - **John Carter**, Round Rock HS – *Off-Season Boot Camp to Practice Organization*

8:00-9:00a Basketball Lecture - ACC Rm Ballroom D - **Cliff Ellis**, Wagner HS – *Offensive Drills*

8:15-9:00a Football Lecture - ACC Rm Exhibit Hall 5 - **John King**, Longview HS – *Lobo Offense*

8:30-4:30P Registration & Packet Pick-Up - ACC Exhibit Hall 1 – (*Sponsored by Digital Sports Video*)

9:00-10:00a Professional Development Lecture - ACC Rm 18 – **Dr. Richard Steffen** – *Steroid Updates*

9:00-10:00a Volleyball Lecture - ACC Rm 16 – **Tiffany Davis**, Texas Lutheran University – *Practice to Emphasize Winning*

9:00-10:00a Golf Lecture - ACC Rm 15 – **Callan Nokes**, Austin Westlake HS – *Emphasizing Team in an Individual Sport*

9:00-10:15a Football Lecture - ACC Rm Exhibit Hall 5 - **Bill Stewart**, West Virginia - *Punt – the Most Important Play in Football* (*Sponsored by Nike*)

9:00-10:00a Basketball Lecture - ACC Rm Ballroom D - **David Bliss**, **Athletes in Action** – *Coaching: A Job or a Profession?*

9:00-10:00a Track Lecture - ACC Ballroom G - **James Reid**, San Angelo State – Common Areas in Coaching Shot and Discus

9:00-10:00a Soccer Lecture - ACC Rm 19 - **Eric Ramirez**, Hebron HS – Living the Dream: Building a Champion

10:00-10:50 THSCA Website Workshop - ACC Rm 12 - **Rayan Rutledge** - *Information on THSCA Website & Member Services*

10:00-10:50 Professional Development Lecture - ACC Rm 18 – **Dr. Marque Allen** – *Athletic Footwear, Orthotics and Bracing*

10:30-10:50 THSCA Update - ACC Rm Exhibit Hall 5 – **D. W. Rutledge**, Executive Director THSCA

10:00-10:50 Basketball Lecture - ACC Rm Ballroom D - **Tammy Lusinger**, Mansfield Summit HS – *Defense into Transition*

10:00-10:50 Track Lecture - ACC Ballroom G - **Oschlor Flemming**, Denton Guyer HS – 400 Meter Training

10:00-10:50 Soccer Lecture - ACC Rm 19 - **Robert Lamon**, Denton Ryan HS – Fair Play as the Foundation of Structuring Player and Program Development

10am-11pm THSCA Press Room - Hilton Hotel Rm 410

### 11:10-12:15 REGIONAL MEETINGS

**R1 – Ballroom B**

**R2- Rm 17 R3- Ballroom D**

**R4- Rm 16**

**R5- Exhibit Hall 5**

**R6- Rm 18 R7- Ballroom A**

**R8- Ballroom G**

12:30-1:45p Board of Directors Lunch w/UIL - ACC Rm 10

1:00-2:00p THSCA Website Workshop - ACC Rm 12 - **Rayan Rutledge** - *Information on THSCA Website & Member Services*

1:00-2:00p Professional Development Lecture - ACC Rm 18 – **Dr. Eliot Young** – *The Athlete's Heart*

1:00-2:00p Track Lecture - ACC Ballroom G – **Steve Sisson**, University of Texas – *Developing Warrior Distance Runners*

1:00-2:00p Football Lecture - ACC Rm Exhibit Hall 5 - **Pete Fredenburg**, Mary Hardin-Baylor – *Mary Hardin-Baylor Football*

- 1:00-2:00p Basketball Lecture - ACC Rm Ballroom D - **Mike Houlihan**, O'Connor HS – *O'Connor High School Off-Season Program*
- 1:00-2:00p Golf - Roy Kizer Golf Course – **Jerry Crumpton**, McKinney Boyd HS - *Short Game Clinic followed by golf*
- 1:00-2:00p Soccer Lecture - ACC Rm 19 – **David Hilliard**, The Colony HS – *Creating a Competitive Practice and Athlete*
- 1:00-2:00p Wrestling Lecture - ACC Rm 14 – **Scott Tankersley**, Bushland HS – *Seven Dynamics of Winning*
- 2:00-3:00p Baseball Adv. Meeting w/UII - ACC Rm 11-A - UII Staff
- 2:00-3:00p Track Lecture - ACC Ballroom G - **David Nanez**, Rowlett HS – *Elite Jumper/Sprinter*
- 2:00-3:00p THSCA Website Workshop - ACC Rm 12 – **Rayan Rutledge** - *Information on THSCA Website & Member Services*
- 2:00-3:00p Professional Development Lecture - ACC Rm 18 – **Dr. Jim Peterson** – *The Coaches' Guide to Conflict Resolution*
- 2:00-3:00p Football Lecture - ACC Rm Exhibit Hall 5 - **Kevin Sumlin**, University of Houston – *U of H Football*
- 2:00-3:00p Basketball Lecture - ACC Rm Ballroom D – **Kari Wallace**, Cibolo Steele HS – *Preparing for the Playoffs*
- 3:00-4:00p Track Lecture - ACC Ballroom G – **Andrew Cook**, Flower Mound HS – *Distance Training Progression*
- 3:00-4:00p Soccer Adv Comm meet w/ UII - ACC Rm 11-A - UII Staff
- 3:00-4:00p Basketball Rules Mtg - ACC Rm Ballroom D – TASO
- 3:15-4:45p Football Rules Meeting - ACC Rm Exhibit Hall 5 - TASO
- 7:30 pm All Star Football Game - DKR/Memorial Stadium

### WEDNESDAY, JULY 22, 2009

- 6:45-8:15a FCA Breakfast - Hilton Hotel – Salon C
- 8:00-10:00a THSCA Office Open - ACC Rm 2
- 8am-Noon Exhibits Open - ACC Exhibit Hall 2-4
- 8am-Noon THSCA Job Placement - ACC Rm Exhibit Hall 1 (*Sponsored by MGP Fundraisers*)
- 9:00-10:30a President's Wife Coffee - Hilton Hotel Rm 400
- 9:00-10:15 Golf Lecture - ACC Rm 15 – **Randy Morris**, Lake Travis HS – *From Tee to Green: Organizing and Operating a High School Golf Program*
- 10:30-Noon **GENERAL MEETING** - ACC Rm Exhibit Hall 5
- 1:00 pm Hall of Honor Luncheon - Hilton Governor's Ballroom
- 3:30 pm Old & New Board Mtg. - Hilton Salon B